

# UUC COVENANT GROUPS

*As we share our joys, concerns, and faith, we covenant to support one another in an environment of confidentiality and encouragement.*

## About Covenant Groups

All UUC members and those on the path to membership are welcome to participate in covenant groups.

## How Do Covenant Groups Work?

Covenant groups are comprised of 8-12 people. Monthly meetings are usually held from September to May in members' homes or at UUC. Each group has a trained facilitator who consults with the Covenant Group Facilitator Team. Groups may grow over time through the addition of new members. New groups will be added as needed to accommodate more members.

## Serving the Community Together

Each covenant group will choose service projects to perform together. These usually involve one within our UUC congregation and one in the wider community.

## Meeting Format

- Chalice lighting and opening words
- Check-in
- Discussion of topic
- Feedback and group business
- Closing

Discussions are based on brief readings and/or activities contained in the monthly packet. These are distributed in advance to give members an opportunity to prepare for a meaningful discussion. Sessions generally last about two hours and a portion of that time is for checking in and connecting with each other. Participants strive to listen deeply and without judgement, refrain from giving advice and don't ask personal questions. Everything shared is held in confidence.

## Group Compositions

There are different covenant groups to meet the needs of our members, including snowbirds, men's or women's groups, couples, daytime, and new members group.

## Facilitators

Facilitators can expect to receive special training and support from the Covenant Group Facilitator Team.

## **Registration**

To become a member of a covenant group, click on the link below and submit a completed form. For questions or more information, contact any member of the team:

Mary Currey - [mary.currey@gmail.com](mailto:mary.currey@gmail.com)

Lauren Logan - [llogan565@gmail.com](mailto:llogan565@gmail.com)

Jan Means - [j\\_means1@hotmail.com](mailto:j_means1@hotmail.com)

[Click Here for Covenant Group Registration:](#)