



UUC COVENANT GROUPS

As we share our joys, concerns, and faith, we covenant to support one another in an environment of confidentiality and encouragement.

Eligibility

All UUC members, pledging friends and those on the path to membership are welcome to participate in covenant groups.

Group size and composition

Covenant groups are comprised of 8-12 people. Groups may grow over time through the addition of new members. New groups are added as needed.

There are different covenant groups to meet the needs of our members, including snowbirds, men's or women's groups, couples, daytime, and new members group.

Meetings

Monthly meetings are usually held from September to May in person, virtually via Zoom or a combination. Sessions generally last about two hours.

Each group has a trained leader who is responsible for distributing material, keeping the meeting focused and ensuring that the group's covenant is followed.

The meeting follows a format:

- Chalice lighting and opening words
- Check-in
- Discussion of topic
- Feedback and group business
- Closing

Discussions are based on brief readings and/or activities contained in the monthly packet. The packet is distributed in advance to give members an opportunity to prepare for a meaningful discussion. Participants strive to listen deeply and without judgement, refrain from giving advice and don't ask personal questions. Everything shared is held in confidence.

Registration

To become a member of a covenant group, or to obtain more information, go to the website at: <https://www.uuc.org/classes> and click on the button that will take you to the registration form. After submitting the form, a member of the coordinating team will contact you.